

**Inland Empire AAU/USA
PO Box 9603
Yakima, Washington
98909**



**15th Annual Pacific Northwest
Toppenish Rotary Club
AAU Regional Swimming Championships**

Coach/Contact Person:

Enclosed is the entry form for the 15th Annual AAU Regional Championships to be held in Toppenish, Washington July 10-11, 2004. In the 14th Annual Meet, 510 swimmers from 19 clubs took part in what is one of the best swim meets for summer swimmers in the state for class B Swimmers. The amount of swimmers should go above the 550 mark this year with most swimmers returning.

AAU swimming has over 1,400 swimmers in Eastern Washington. This program is for the small town swim teams. At the present time, teams from Prosser, Grandview, Sunnyside, Toppenish, Wapato, Naches, Selah, Omak, Okanogan, Brewster, Bridgeport, Chelan, Wenatchee, Othello, Connell, and Twisp, just to name a few, take part in AAU Swimming. The parents from these communities make the program work. Remember the AAU is "Sports for all, forever."

If you have any questions, contact Jeff Blythe at jczcblythe@aol.com or 1 509 829 3366

Motel Information:

The AAU has been able to secure rooms at the following motels. All have pools and rates are very reasonable. Reservations must be made as soon as possible to make sure you have a place to stay. Camping out at the Toppenish Park is still an option again this year. A good place for RV's is a new campground with pool at the Yakima Indian Nation Cultural Center. You can even stay in one of the thirteen tee-pees.

Motels:

Toppenish Inn 865-5800

Zillah Comfort Inn 829-3399

Ahtanum Inn 1 800 348 9701 (Next to Movies, Yakima Valley Mall) ext 349 AAU Rates with Dale

15th Annual AAU/Toppenish Rotary Club
Pacific Northwest Regional Swim Championships
Long Course

Dates: July 10-11, 2004

Site: Toppenish City Pool (50 meter)
Touch Pad Timing System

Age Divisions: Individual Events: 8-U, 9, 10, 11, 12, 13, 14, 15-18
Relays: 8-U, 9-10-, 11-12-, 13-14-, 15-18

Sanctioned By: Inland Empire Association of the AAU

Eligibility: Open to ALL swimmers, year round swimmers **NOT ALLOWED**.
Purpose of the meet is to provide a Northwest Championship for those that swim during the summer only. All swimmers must purchase an AAU card to participate or have a current 2004 AAU card.

If you need an AAU membership card, send athlete's name, address, birth date, telephone number, and \$12.00 to the following address and a card will be sent to the athlete on the same day. We must receive the card request by July 5, 2004. Call 453 2696 using Visa/Master Card
Send to: Inland Empire AAU, PO Box 9603, Yakima, Washington, 98909. All entries will be checked for AAU
Cards can be purchase directly on line at www.aausports.org Join Now

Age Determining Date: Age on the first day of competition July 10, 2004 shall govern the full meet. Birth record will be required at site if requested.

Coaches:

Relay participants must swim in their age divisions.

Time standards have been set for all individual events. Please note these times. This has been done in an effort to move this meet along quicker. Swimmers who do not meet posted time standards will not be given place or final awards.

Each team with 20 or more swimmers in this meet must supply timers for one lane on both Saturday and Sunday. Lanes will be assigned at a later date. Your team may schedule these timers any way you wish, but three timers must be present at all times.

Hosted By: Toppenish Tarpon Swim Team
Toppenish Rotary Club
Inland Empire AAU
City of Toppenish Park & Recreation

Entry Deadline: July 1, 2004. No late entries. Entries must be received by this date. Payment must be sent with entries. **No phone calls or notification of intent-to-enter will be accepted.**

Meet Format:

- 1). All individual events and relays will be swum as timed finals.
- 2). All events will be seeded by time as submitted.
- 3). There may be a 20 minute break to switch touch pads between the end of the 50 meter races and the longer races on Saturday and Sunday.
- 4). Swimmers will be allowed to participate in three (3) individual events per day, plus one relay per day.
- 5). High point will be given to each girl and boy in each age group.
- 6). This regional championship meet is restricted to the first 500 entries submitted to the meet director.