

Coaches, Parents, Athletes:

Enclosed is the entry form for the 18th Annual Zillah Lion's Club Spring Fling AAU Tournament. Boys Tournament will be March 19-21 and the Girls will play March 26-28, 2010.

**EARLY DEADLINE:** March 5, 2010 (Boys), March 12, 2010 (Girls) - \$180

**LATE DEADLINE:** March 10, 2010 (Boys), March 17, 2010 (Girls) - \$200

**NOTE:**

Washington State has passed a law requiring youth coaches, athletes and parents/guardians complete certain criteria regarding the recognition and treatment of head injuries during sporting events. All participating teams must complete the attached form and return it to the YVSA office with the entry form.

**Other Upcoming YVSA Events:**

6th Annual Easter Championships	April 2-3, 2010
32nd Annual Inland Empire Championships (Yakima)	April 9-11, 2010
32nd Annual Inland Empire Championships (Spokane – Boys)	April 16-18, 2010
32nd Annual Inland Empire Championships (Spokane – Girls)	April 23-25, 2010
Grandview AAU Tournament	April 30-May 2, 2010
24th Annual Best in the West Tournament (GIRLS)	May 7-9, 2010
24th Annual Best in the West Tournament (BOYS)	May 14-16, 2010

**FOR ENTRY FORMS AND MORE INFORMATION ON INLAND EMPIRE EVENTS, GO TO OUR WEBSITE AT [www.ieaaau.org](http://www.ieaaau.org).**

Yakima Valley Sports Authority  
PO Box 9757  
Yakima, Washington  
98909



**18th Annual Zillah Lion's Club Spring Fling AAU Basketball Tournament**  
Boys Tournament: March 19-21 / Girls Tournament: March 26-28  
Zillah, WA

# 18th Annual Zillah Lion's Club Spring Fling AAU Tournament

## Boys: March 19-21, 2010 / Girls: March 26-28, 2010

- National Sanction:** Inland Empire District of the Amateur Athletic Union of the U.S.
- Local Sponsor:** Yakima Valley Sports Authority
- Contact:** Shannon Springer, YVSA Event Director / 509-453-2696 or 509-388-1722  
Email: [Shannon@ieaaau.org](mailto:Shannon@ieaaau.org) / Mailing Address: PO Box 9757, Yakima, WA 98909
- Site:** Zillah, WA
- Dates:** March 19-21, 2010 (Boys) / March 26-28, 2010 (Girls) – All teams are guaranteed 4 games  
**Early Registration Deadline:** March 5, 2010 (Boys), March 12, 2010 (Girls) - \$180  
**Late Registration Deadline:** March 10, 2010 (Boys), March 17, 2010 (Girls) - \$200
- Game Times:** Friday: 5:30pm, 6:45, 8:00, 9:15  
Saturday & Sunday: 9:00am, 10:15, 11:30, 12:45pm, 2:00, 3:15, 4:30, 5:45, 7:00
- Divisions:** Boys: 2nd, 3rd, 4th, 5th, 6th, 7th, 8th Grade – March 19-21  
Girls: 2nd, 3rd, 4th, 5th, 6th, 7th, 8th Grade – March 26-28  
Grade Determining Date: The grade the participant will be in 2009/2010 school year.
- Entry Fee:** \$180 if received by March 5 (Boys) and March 12 (Girls) - \$200 if received by March 10 (Boys) and March 17 (Girls). NO ENTRIES WILL BE ACCEPTED AFTER March 10 for the Boys Tournament and March 17 for the Girls Tournament! Membership fees are NOT included in the entry fee. Any checks returned NSF will be charged a \$35.00 fee. No entry fees refunded after the deadline date. Make checks payable to: Yakima Valley Sports Authority (YVSA). A service fee of \$8 will be added to any VISA/MasterCard payment.
- AAU Membership:** All players and coaches must have a 2010 AAU Card. Costs are: **Player \$12.00 Coach: \$14.00. NOTE:** Anyone that coaches the team from the bench must also have an AAU card. AAU cards are valid through August 31, 2010. **REMEMBER:** Membership cards don't get you into the game for free. Only players that are playing are allowed into the game free. **Memberships must be purchased online: [www.aausports.org](http://www.aausports.org).**
- The Lystedt Law:** Washington State has passed a law requiring youth coaches, athletes and parents/guardians complete certain criteria regarding the recognition and treatment of head injuries during sporting events. All participating teams must complete the attached form and return it to the YVSA office with the entry form.
- Tournament Rules:**
1. The roster established at the time of the first game must be used throughout the entire tournament. No additions or changes are permitted.
  2. A player may play for ONE team only during the tournament.
  3. Girls cannot play on boys teams and boys cannot play on girls teams.
  4. Scorekeepers – each team is to have ONE person to keep the individual score sheet that is provided in your coach's packet. One scorekeeper per team will be allowed into the game free of charge. Please leave scoresheets with the gym supervisor after your game.
  5. Coaches – Only ONE coach per team is allowed into the game free, but more than one may coach.
  6. Admission fees – The gyms are run by clubs, proceeds from admissions go back into their clubs for local youth activities. Friday: \$3 Adult, \$2 Student. Saturday: \$4 Adult, \$3 Student. Sunday: \$4 Adult, \$3 Student. PLEASE INFORM YOUR PARENTS!
- Rules of play:** 2009-2010 High School Federation Rules, with the following exceptions:
1. No shot clock
  2. 2nd thru 6th grade boys and all girls divisions will use the women's size basketball (28.5").
  3. Quarters: 2nd – 4th grade: 6 minutes / 5th – 8th grade: 7 minutes
  4. Overtime: 2 minutes each
  5. Technical or Intentional Fouls – 2 points awarded and the ball out of bounds.
    - a. One technical foul on a coach or fan and he/she is ejected from the gym. One technical on a player and the player must sit on the bench for the remainder of the game. Officials and gym administrators have the right to eject a fan, player or coach. Coaches and fans must leave the gym completely.

**18th Annual Zillah Spring Fling AAU Tournament** March 19-21 (Boys) / March 26-28 (Girls)  
 2010 Team Registration Form



**Division (Circle one):**

**Girls:** 2nd 3rd 4th 5th 6th 7th 8th  
**Boys:** 2nd 3rd 4th 5th 6th 7th 8th

**Office Use Only**

Total Paid: \_\_\_\_\_  
 Check #: \_\_\_\_\_  
 Name: \_\_\_\_\_  
 Date Rec'd: \_\_\_\_\_

Team Name: \_\_\_\_\_

AAU Club Name/Number (required): \_\_\_\_\_

Contact Person: \_\_\_\_\_

Coach: \_\_\_\_\_

Address: \_\_\_\_\_

Coach Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Coach: AAU Card Number: \_\_\_\_\_

Phone: Home(\_\_\_\_) \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Phone: Work(\_\_\_\_) \_\_\_\_\_

Phone: Home(\_\_\_\_) \_\_\_\_\_

Phone: Cell(\_\_\_\_) \_\_\_\_\_

Phone: Cell (\_\_\_\_) \_\_\_\_\_

Asst Coach Name: \_\_\_\_\_ Email \_\_\_\_\_ Asst Coach: AAU #: \_\_\_\_\_

<u>Name (First Last)</u>	<u>09-10 Grade</u>	<u>School</u>	<u>2010 AAU Card Number (required)</u>
1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____
4. _____	_____	_____	_____
5. _____	_____	_____	_____
6. _____	_____	_____	_____
7. _____	_____	_____	_____
8. _____	_____	_____	_____
9. _____	_____	_____	_____
10. _____	_____	_____	_____
11. _____	_____	_____	_____
12. _____	_____	_____	_____

Return this page completed with an entry fee of \$180 by March 5 (Boys) and March 12 (Girls) or \$200 by March 10 (Boys) and March 17 (Girls).  
 Mail to: **Yakima Valley Sports Authority, PO Box 9757, Yakima, WA, 98909. FAX 509-457-0931**

Check one: \_\_\_Master Card \_\_\_VISA Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Expiration Date: Month: \_\_\_\_\_ Year: \_\_\_\_\_

**Convenience Fee of \$8 is added to Visa/MasterCard request.**

Signature \_\_\_\_\_ Date: \_\_\_\_\_

# Club Compliance Form

## CONCUSSION LAW REQUIREMENTS

### Club Compliance Statement

HB1824, otherwise known as the Zachery Lystedt Law, was signed into law on May 14, 2009. It requires, as of July 26, 2009, that additional steps be taken regarding concussions in private non-profit youth athletic programs using school district facilities.

This bill requires training and documentation which AAU Member Clubs must adhere to. AAU players and their parents/guardians must meet these minimum requirements:

1. All AAU member coaches will have to take training on the nature and risk of concussions and head injury including continuing to play after a concussion or head injury.
2. On a yearly basis, a concussion and head injury information sheet shall be signed and returned by the youth athlete and athlete's parents/guardian prior to the youth athlete's initiating practice or competition.
3. All athletes suspected of suffering a concussion or brain injury will be removed from practice or competition and not returned to play until cleared in writing by a licensed health care provider trained in the evaluation and management of concussions (Medical Doctors, Doctor of Osteopathy, Advanced Registered Nurse Practitioner, Physicians Assistants, and *Certified* Athletic Trainers).

## Yakima Valley Sports Authority, AAU Event Operator

### Compliance Statement for HB1824

### Youth Sports-Head Injury Policies

**This page must accompany each Tournament Entry form. Participation in AAU Sanctioned Events will not be granted until this page is returned and requirements of this application are complete and approved by the Yakima Valley Sports Authority, an AAU Member Club and event operator.**

Team: \_\_\_\_\_ Division: \_\_\_\_\_

Club \_\_\_\_\_ Club Number: \_\_\_\_\_

As the AAU Club contact I verify all coaches, athletes and their parent/guardian have complied with mandated policies for the management of concussions and head injuries as prescribed by HB 1824, section 2.

Signed:

\_\_\_\_\_  
AAU Club Contact

\_\_\_\_\_  
Position with AAU Club

\_\_\_\_\_  
Date signed

## 2009-2010 AAU Tournament Motels - Yakima Area

### Yakima AAU Host Motel

Best Western Ahtanum Inn – Ask for Dale  
2408 Rudkin Rd.  
Union Gap, WA 98903  
509-248-9700 / 1-800-348-9701  
Complimentary Breakfast  
Outdoor Swimming Pool

#### Additional Motels:

Best Western Lincoln Inn  
1614 N. 1st Street  
Yakima, WA 98901  
1-800-834-1649  
Comp. Breakfast  
Indoor Pool

Clarion Hotel & Conference Center  
1507 N. 1st Street  
Yakima, WA 98901  
509-248-7850 / 1-800-896-7966  
Outdoor Pool  
Free Hi Speed Internet  
[www.choicehotels.com](http://www.choicehotels.com)

Comfort Suites  
3702 Fruitvale Blvd.  
Yakima, WA 98902  
509-249-1900 / 1-866-423-8960  
Comp. Breakfast  
Indoor Pool  
[www.choicehotels.com](http://www.choicehotels.com)

Oxford Suites  
1701 Terrace Hts. Drive  
Yakima, WA 98901  
509-457-9000 / 1-800-404-7848  
Comp. Breakfast  
Indoor Pool  
[www.oxfordsuitesyakima.com](http://www.oxfordsuitesyakima.com)

Oxford Inn  
1603 Terrace Hts. Drive  
Yakima, WA 98901  
509-457-4444 / 1-800-521-3050  
Comp. Breakfast  
Outdoor Pool  
[www.oxfordinnyakima.com](http://www.oxfordinnyakima.com)

Cedars Suites  
1010 East A Street  
Yakima, WA 98901  
509-452-8101 / 1-866-952-8100  
Comp. Breakfast  
Free wireless internet  
[www.cedarssuites.com](http://www.cedarssuites.com)

Days Inn  
1504 N. 1st Street  
Yakima, WA 98901  
509-248-3393 / 1-800-DAYS INN  
Comp. Breakfast  
Outdoor Pool  
[www.daysinn.com](http://www.daysinn.com)

Economy Inn  
510 N. 1st Street  
Yakima, WA 98901  
509-457-6155 / 1-888-925-6633  
Comp. Breakfast  
Outdoor Pool  
[www.economyinn.info](http://www.economyinn.info)

Fairfield Inn & Suites  
137 North Fair Ave.  
Yakima, WA 98901  
509-452-3100 / 1-800-228-2800  
Comp. Breakfast  
Indoor Pool  
[www.marriott.com/fairfieldinn](http://www.marriott.com/fairfieldinn)

Hilton Garden Inn  
401 E. Yakima Ave.  
Yakima, WA 98901  
509-454-1111 / 1-877-STAY HGI  
Indoor Pool  
Free Hi Speed Internet  
[www.hiltongardeninn.com](http://www.hiltongardeninn.com)

Holiday Inn Express  
1001 East A Street  
Yakima, WA 98901  
509-249-1000 / 1-877-410-6667  
Comp. Breakfast  
Indoor Pool  
[www.hiexpress.com](http://www.hiexpress.com)

Howard Johnson Plaza  
9 N. 9th Avenue  
Yakima, WA 98901  
509-452-6511 / 1-800-446-4656  
Outdoor Pool  
Free Wireless Internet  
[www.hojo.com](http://www.hojo.com)

Quality Inn  
12 E. Valley Mall Blvd.  
Yakima, WA 98903  
509-248-6924 / 1-800-510-5670  
Comp. Breakfast  
Free Wireless Internet  
[www.qualityinn.com](http://www.qualityinn.com)

Ramada Limited  
818 N. 1st Street  
Yakima, WA 98901  
509-453-0391 / 1-800-2 RAMADA  
Comp. Breakfast  
Outdoor Pool  
[www.ramada.com](http://www.ramada.com)

Red Lion Yakima Center  
607 E. Yakima Ave.  
Yakima, WA 98901  
509-248-5900 / 1-800-RED LION  
Outdoor Pool  
Free Wireless Internet  
[www.redlion.com](http://www.redlion.com)

Sun Country Inn  
1700 N. 1st Street  
Yakima, WA 98901  
509-248-5650 / 1-800-559-3675  
Comp. Breakfast  
Outdoor Pool

Super 8 Motel  
2605 Rudkin Rd.  
Union Gap, WA 98903  
509-248-8880 / 1-800-800-8000  
Indoor Pool  
Breakfast  
[www.super8.com](http://www.super8.com)

Ledgestone Hotel – **NEW 2008!**  
107 N. Fair Avenue  
Yakima, WA 98901  
509-453-3151

Holiday Inn Downtown Yakima Convention Center – **opening November, 2009!**  
Yakima, WA

## 2009-2010 AAU Tournament Motels - Surrounding Areas

### **ZILLAH** (appr. 20 min south of Yakima)

Comfort Inn  
911 Vantage Valley Parkway  
Zillah, WA 98953  
509-829-3399 / 1-877-424-6423  
Indoor Pool  
Comp. Breakfast  
[www.comfortinn.com](http://www.comfortinn.com)

### **SUNNYSIDE** (appr. 30 min south of Yakima)

Best Western Grapevine Inn  
1849 Quail Lane  
Sunnyside, WA 98944  
509-839-6070 / 1-800-915-6070  
Indoor Pool  
Comp. Breakfast  
[www.bestwestern.com](http://www.bestwestern.com)

Country Inn & Suites  
408 Yakima Valley Highway  
Sunnyside, WA 98944  
509-837-7878 / 1-877-896-7878

### **ELLENSBURG** (appr. 35 min north of Yakima)

Best Western Lincoln Inn & Suites  
211 W. Umptanum Rd.  
Ellensburg, WA 98926  
509-925-4244 / 1-866-925-4288  
[www.bestwesternellensburg.com](http://www.bestwesternellensburg.com)  
Indoor Pool  
Comp. Breakfast

Comfort Inn  
1722 Canyon Rd.  
Ellensburg, WA 98926  
509-925-7037 / 1-877-424-6423  
Comp. Breakfast  
Indoor Pool  
[www.comfortinn.com](http://www.comfortinn.com)

Super 8 Hotel  
1500 Canyon Rd.  
Ellensburg, WA 98926  
509-962-6888 / 1-800-800-8000  
[www.super8.com](http://www.super8.com)

Days Inn  
901 Berry Road  
Ellensburg, WA 98926  
509-933-1500  
[www.daysinn.com](http://www.daysinn.com)  
Indoor Pool  
Comp. Breakfast

### **TOPPENISH** (appr. 20 min south of Yakima)

Best Western Lincoln  
515 S. Elm Street  
Toppenish, WA 98948  
509-865-7444 / 1-800-780-7234  
Indoor Pool  
Comp. Breakfast  
[www.bestwestern.com](http://www.bestwestern.com)

Rodeway Inn  
3209 Picard Place  
Sunnyside, WA 98944  
509-837-5781 / 1-877-424-6423  
Indoor Pool  
Comp. Breakfast  
[www.rodewayinn.com](http://www.rodewayinn.com)

### **PROSSER** (appr. 45 min south of Yakima)

Best Western The Inn at Horse Heaven  
259 Merlot Drive  
Prosser, WA 99350  
509-786-7797 / 1-800-688-2192  
Indoor Pool  
Comp. Breakfast  
[www.bestwestern.com/theinnathorseheaven](http://www.bestwestern.com/theinnathorseheaven)

Inn at Goose Creek  
1720 Canyon Road  
Ellensburg, WA 98926  
509-962-8030 / 1-800-533-0822  
[www.innatgoosecreek.com](http://www.innatgoosecreek.com)  
Comp. Breakfast

Quality Inn - Ellensburg Inn  
1700 Canyon Rd.  
Ellensburg, WA 98926  
509-925-9801 / 1-800-321-8791  
[www.ellensburginn.com](http://www.ellensburginn.com)

Holiday Inn Express  
1620 Canyon Rd.  
Ellensburg, WA 98926  
509-925-1222 / 1-877-410-6667  
[www.hiexpress.com](http://www.hiexpress.com)